

Content available at: <https://www.ipinnovative.com/open-access-journals>

International Journal of Pharmaceutical Chemistry and Analysis

Journal homepage: <https://www.ijpca.org/>

Original Research Article

Development and validation of RP-HPLC method for simultaneous estimation of lidocaine and nifedipine in pure and combined dosage form

Rupali Shinde¹, Chandni Chandarana^{1*}

¹Dept. of Quality Assurance, SSR College of Pharmacy, India



ARTICLE INFO

Article history:

Received 11-10-224

Accepted 07-11-2024

Available online 30-12-2024

Keywords:

Lidocaine

Nifedipine

RPHPLC

Method Validation

ABSTRACT

The simultaneous estimation of Lidocaine and Nifedipine using reversed-phase high-performance liquid chromatography (RP-HPLC) is essential for analysing both the bulk drug and its topical dosage form. The objective of this study was to develop a novel HPLC method for the simultaneous estimation of Lidocaine and Nifedipine. The method aimed to provide accurate and precise results for both the bulk drug and topical dosage form. The HPLC method employed a C18 column measuring (150 mm × 4.6 mm × 5 μm). A mobile phase consisting of a mixture of methanol and water in a ratio of 80:20 v/v was used. The flow rate was set at 1.0 ml/min, and the detection wavelength was set at λ-max 236 nm. The retention time for Lidocaine was determined to be 2.560 min, while for Nifedipine it was found to be 5.470 min. The developed HPLC method demonstrated good linearity for both Lidocaine and Nifedipine, as evidenced by the obtained correlation coefficients (R²) of 0.9890 and 0.9986, respectively. The accuracy studies yielded results within the acceptable range of 98.11% - 105%. Additionally, the precision of the method was established with % RSD values of less than 2% for routine analysis of lidocaine and nifedipine. This method provides a reliable and effective approach for the simultaneous estimation of lidocaine and nifedipine, contributing to the quality control and safety assessment of pharmaceutical formulations containing these compounds.

This is an Open Access (OA) journal, and articles are distributed under the terms of the [Creative Commons Attribution-NonCommercial-ShareAlike 4.0 License](https://creativecommons.org/licenses/by-nc-sa/4.0/), which allows others to remix, tweak, and build upon the work non-commercially, as long as appropriate credit is given and the new creations are licensed under the identical terms.

For reprints contact: reprint@ipinnovative.com

1. Introduction

Anal fissures are tears or fissures in the anal canal's lining of the anal canal that result in discomfort and rectal bleeding during bowel movements. Anal trauma, especially when straining to pass solid faces, can cause them, and they can heal quickly or slowly. Stool softeners, fiber supplements, topical ointments, and, in certain circumstances, surgery are available as treatment.¹ An additional element of the fixed combination, a common local anaesthetic for anal fissures and symptomatic haemorrhoids, is lidocaine.² Lidocaine and nifedipine work in complimentary ways when combined. Clinical trials have demonstrated that

the anal sphincter's smooth muscle relaxed as a result of nifedipine calcium channel blockage, reducing pain during haemorrhoidectomy^{3,4}. When administered anorectally, this fixed combination was safe, effective, and associated with very few adverse effects, according to clinical tests involving patients with hemorrhoidal thrombosis and anal fissures.⁵ Topical nifedipine and diltiazem showed impressive effectiveness, with a healing rate of up to 95% for nifedipine and 67% for diltiazem. Diltiazem and nifedipine are calcium channel blockers with the greatest evidence in favor of topical use. They are made on the spot using bases of cream, gel and ointment. Research has indicated that calcium channel blockers use topically and orally relax the internal anal sphincter, hence reducing the anal resting pressure. While calcium channel blockers and glyceryl trinitrate were tested for their efficacy in

* Corresponding author.

E-mail address: Chandnichandarana7343@gmail.com (C. Chandarana).

treating anal fissures, nifedipine treatment resulted in high healing rates (89%) that were similar to previously reported rates in (95%).⁶ Local anaesthetic, which is another part of the fixed combination lidocaine, is typically used to treat symptomatic haemorrhoids and anal fissures.⁷ Lidocaine (LID) has the formula 2-(di-ethyl amino)-N-(2,6-di-methylamino) acetamide is a local anaesthetic that has strong anticonvulsant and antiarrhythmic properties. It has sedative, analgesic, and anticonvulsant properties in addition to being a CNS depressant. Nifedipine (NIF) is 3,5-di-methyl-2,6-di-methyl-4-(2-nitrophenyl)-1,4-di-hydropyridine-3,5-di-carboxylate is a strong vasodilator that acts by antagonistically interacting with calcium. It is a helpful blood pressure-lowering antianginal drug. On February 26, 2009 (by CDSCO).^{8–10} The validation has been performed as per ICH Q2(R1) guidelines. A literature survey reveals that lidocaine has been estimated using a number of techniques, including UV spectroscopy, RP-HPLC, HPLC-MS/MS spectrometry, and stability-indicating techniques HPLC, Ultra performance Liquid chromatography (UPLC), MS/MS and UV spectroscopy are techniques for estimating nifedipine, the simultaneous estimation of lidocaine and nifedipine has been done in several investigations using a UV spectroscopic method. Proposed RP-HPLC method includes a separation of drugs at less time.^{11–19}

2. Objectives

1. To select the detection wavelength for simultaneous estimation of Lidocaine and Nifedipine
2. To develop the optimum Mobile phase for the simultaneous estimation of Lidocaine and Nifedipine
3. To validated the developed method as per ICH Q2 (R1) guidelines for the simultaneous estimation of Lidocaine and Nifedipine.

3. Material and Methods

3.1. Chemicals and reagents

API of Nifedipine was purchased from Mumbai, API of lidocaine was a gift from Valsad, Gujarat. HPLC-grade water and methanol has been purchased from India.

3.2. Instrumentation

Thermo Ultimate 3000 (chromeleon software) with a PDA detector C18 column (150 × 4.6 mm × 5 μm) was used. Weighing Balance (XB-220A) Precisa. Digital ultrasonication cleaner (CD-4820) by Euipton Digital pH meter (S-90) Systonic. UV-Visible spectrophotometer (CARRY-60) Agilent.

3.3. Selection of wave length

Lidocaine and Nifedipine are soluble in methanol, The standard stock solution 10 μg/mL of lidocaine and nifedipine was prepared in methanol, and the solution scanned in the UV range of 200–400 nm using methanol as a blank, and the UV spectrum was obtained. The absorbance maximum was found to be 236 nm and selected as the detection wavelength for further analysis.

3.4. Sample preparation

Lidocaine (LID) and Nifedipine (NIF) standard stock solution were made separately by dissolving the required quantity of each substance in methanol. These solutions were subsequently diluted to create concentration LID at 150 μg/mL and NIF at 30 μg/mL. A quantity equal to 150 mg NIF and 30 mg of LID was precisely weighed and then put to a volumetric flask of 100 ml for the cream sample that included both LID (1.5 %w/w) and NIF (0.3 %w/w). The mixture was then swirled for 30 min and sonicated for 15 min to ensure that the compounds were well dissolved before 5 ml of methanol was infused into the flask. To create a homogeneous solution, 100 ml of methanol were added to the capacity to make it larger. A 0.45 μ nylon syringe filter was used to filter the mixture.

4. Chromatographic Conditions

1. Stationary Phase: Thermo Ultimate (chromeleon software) C18 (150 mm × 4.6 mm × 5 μm)
2. Mobile phase: methanol and water (80:20% v/v)
3. Flow rate: 1 mL/min
4. Wavelength: 236 nm
5. Run time: 10 min.

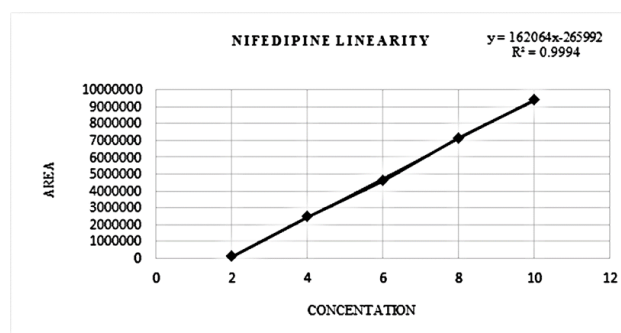


Figure 1: UV spectra for NIF and LID

5. Method Validation

The validation of proposed methods involved method development, optimization, and adherence to the guidelines

Table 1: Result of system suitability test for lidocaine and nifedipine

Parameters	Mean \pm SD of Lidocaine	% RSD	Mean \pm SD of Nifedipine	% RSD
Area	217246.2 \pm 77.07464	0.0354	4666849 \pm 2305	0.0420
No. of theoretical plates	5646.333 \pm 8.485281	0.1502	14992 \pm 12.727	0.0848
Tailing factor	1.54 \pm 0.007	0.4591	1.156667 \pm 0.0155	1.0909

Table 2: Result of LOD and LOQ test for lidocaine and nifedipine

Parameters	Lidocaine	Nifedipine
Linearity	10-50 $\mu\text{g/ml}$	2-10 $\mu\text{g/ml}$
Y – intercept \pm SD	y = 16256x - 206543	y = 162064x - 265992
Regression coefficient (R2)	0.9974	0.9994
LOD	0.04 $\mu\text{g/ml}$	0.03 $\mu\text{g/ml}$
LOQ	0.15 $\mu\text{g/ml}$	0.10 $\mu\text{g/ml}$

Table 3: Accuracy studies for lidocaine and nifedipine result

% Level	Amount present ($\mu\text{g/mL}$)		Amount recovered		% Recovery	
	LID	NIF	LID	NIF	LID	NIF
50 %	15	3	15.01	3.01	100.10	100.51
100 %	30	6	30.19	6.03	100.66	100.58
150 %	45	9	45.18	8.82	100.42	98.11

Table 4: Result of precision studies for lidocaine and nifedipine

Drug	Concentration ($\mu\text{g/ml}$)	Intraday % RSD	Intraday % RSD	Inter-day % RSD	Inter-day % RSD
Lidocaine	15	0.4855	0.7518	0.4855	1.056
	30	0.1095	1.7773	0.1095	0.350
	45	0.3545	0.067	0.3545	0.0672
Nifedipine	3	0.0038	0.5943	0.0038	0.0280
	6	0.0579	0.3974	0.0579	0.8328
	9	0.0737	0.0524	0.0737	0.1813

Table 5: Result of robustness studies for lidocaine and nifedipine

Parameter	Flow rate (ml/min)		Temperature ($^{\circ}\text{C}$)		Wavelength (nm)	
	0.9	1.1	20	30	232	240
Area of Lidocaine	232837	196493	234742	246884	424803	406836
	232283	195325	234207	246321	427177	406448
	233964	199236	235832	248030	425136	406505
Average	234284.6	196709	234992.2	247147	425098	406618
% RSD	0.4346	0.0830	0.1397	0.1399	0.1379	0.0213
Area of Nifedipine	5131095	4159531	4960059	5216614	9772258	8980046
	5119872	4140472	4949209	5205203	9760349	8965137
	5146297	4148141	4974754	5232068	9744661	8968357
Average	5134489	4154416	49633.4	5220064	9758468	8971742
% RSD	0.1559	0.1559	0.1558	0.1559	0.1132	0.0431

Table 6: Result for assay of lidocaine and nifedipine in formulation

Drugs	Concentration ($\mu\text{g/ml}$)	Area (std)	% RSD	Area (sample)	% W/W
Lidocaine	30	216839	1.4823	226880	98.73%
		216448		216617	
		226508		216205	
Nifedipine	6	4780046	0.1709	4877047	99.32%
		4665137		4768460	
		4768357		4760436	

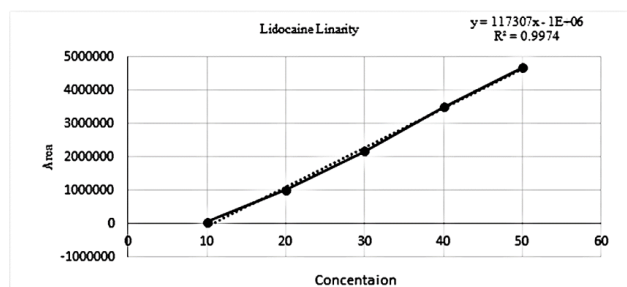


Figure 2: Chromatogram of standard nifedipine and lidocaine

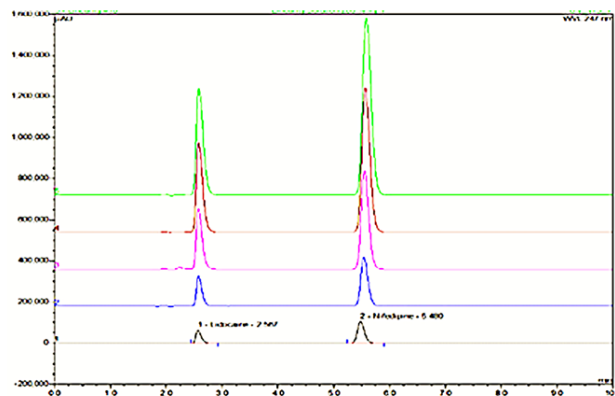


Figure 6: Overlay plot of lidocaine and nifedipine for linearity study

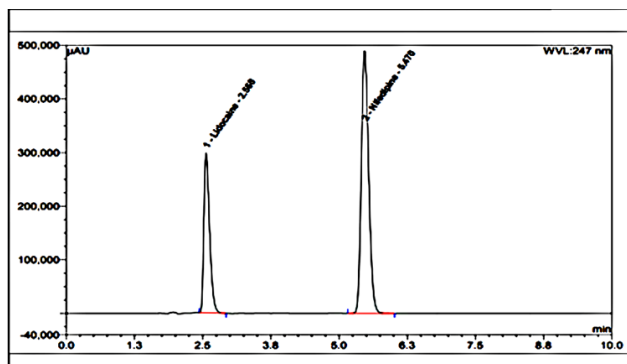


Figure 3: Chromatogram of sample lidocaine and Nifedipine

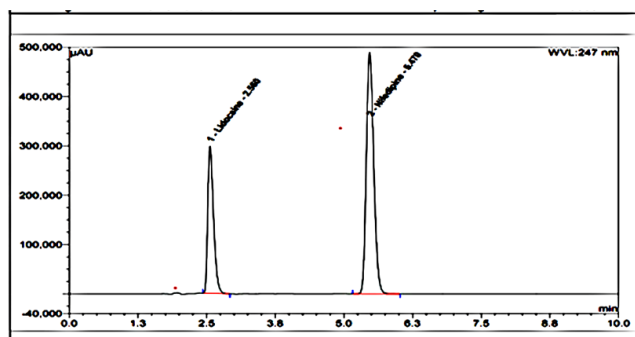


Figure 4: Calibration curve of lidocaine

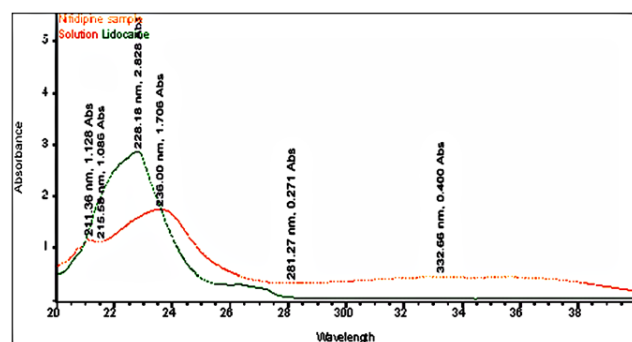


Figure 5: Calibration curve of nifedipine

specified in ICH Q2 (R1). Following these guidelines ensures the specificity, accuracy, and reproducibility of the method, allowing for robustness and credible analytical results.^{20,21} The Linearity has been performed by five injections of standard nifedipine and lidocaine at concentration range of 2-10 $\mu\text{g}/\text{mL}$ and 10-50 $\mu\text{g}/\text{mL}$, respectively. Accuracy study has been performed at 50%, 100% and 150%. A study of the precision of the developed method was conducted on both an intra-day and inter-day basis with lidocaine and nifedipine at three distinct concentration levels. The concentrations used were 15 $\mu\text{g}/\text{mL}$, 30 $\mu\text{g}/\text{mL}$, 45 $\mu\text{g}/\text{mL}$, 3 $\mu\text{g}/\text{mL}$, 6 $\mu\text{g}/\text{mL}$, and 9 $\mu\text{g}/\text{mL}$. Robustness has been performed by changing flow rate, temperature and wavelength. Assay has been performed in a sample solution containing 150 $\mu\text{g}/\text{mL}$ of lidocaine and 30 $\mu\text{g}/\text{mL}$ of nifedipine.

6. Results and Discussion

There is an HPLC method reported. I decided to develop a new method by modifying the reported method. Methanol: Water (80:20% v/v) was chosen because it provided peaks with separation of lidocaine and nifedipine. The drugs UV spectra (λ Max) were analysed in the wavelength range of 200-400 nm, and the response for optimization was compared. A careful evaluation of both drugs revealed that 236 nm was the optimal wavelength for adequate sensitivity. The findings obtained the specified requirements, with a resolution value greater than 2, a tailing factor less than 1, and an RSD less than 2. Lidocaine and nifedipine were evaluated using the system suitability test. The total theoretical plates (N) for lidocaine and nifedipine were 5648 and 15000, respectively. These results show effective chromatographic separation and decent peak shape because they are both above the permissible limit of 2000. Lidocaine and nifedipine had tailing factors of 1.356 and 1.094, respectively. Both of these numbers fall below the 2.0 limit, indicating peaks that are symmetrical. The results

of the system suitability test for lidocaine and nifedipine are described in Table 1. LOD and LOQ for lidocaine and nifedipine were found to be 0.04 and 0.15 for lidocaine and 0.03 and 0.10 for nifedipine, respectively. The results of LOD and LOQ for lidocaine and nifedipine are described in Table 2. Standard solutions containing lidocaine (10–50g/ml) and nifedipine (2–10g/ml) were tested to determine linearity. The results of linearity for lidocaine and nifedipine are described in figures 4, 5, and 6. Lidocaine and nifedipine % RSD and % recovery at each concentration level revealed that they were found to be within the range. A range of 99.99% to 100% has been obtained for both lidocaine and nifedipine recovery rates. The results of accuracy are described in Table 3. The % RSD has determined at each concentration level being below 2%. Indicates that the development method exhibits high precision, as the RSD value is within the acceptable range. In the robustness study, RSD was found to be less than 2%. In this case, we found the content % to be between 99% and 100%.

7. Conclusion

The developed RP-HPLC method offers a simple, precise, and accurate tool for simultaneous estimation of lidocaine and nifedipine, application to both bulk drug and topical dosage form analysed, ensuring reliability in pharmaceutical quality control.

8. Source of Funding

None.

9. Conflict of Interest

None.

References

- Lund JN, Scholefield JH. Aetiology and treatment of anal fissure. *Br J Surg*. 1996;83(10):1335–79.
- Carapeti ER, Kamm MA, Evans BK, Phillips RK. Topical diltiazem and bethanechol decrease anal sphincter pressure without side effects. *Gut*. 1999;45(5):719–41.
- Cook TA, Brading AF, Mortensen NJ. Differences in contractile properties of anorectal smooth muscle and the effects of calcium channel blockade. *Br J Surg*. 1999;86(1):70–5.
- Perrotti P, Bove A, Antropoli C, Molino D, Antropoli M, Balzano A. Topical nifedipine with lidocaine ointment vs. active control for treatment of chronic anal fissure: results of a prospective, randomized, double-blind study. *Dis Colon Rectum*. 2002;45(11):1468–75.
- Kujur A, Ekka P, Chandra NM, Lal S, Malua S. Comparative study to assess the effectiveness of topical nifedipine and diltiazem in the treatment of chronic anal fissure. *J Family Med Prim Care*. 2020;30(11):5652–9.
- Perrotti P, Dominici P, Grossi E, Antropoli C, Giannotti G, Cusato M. Pharmacokinetics of anorectal nifedipine and lidocaine (lignocaine) ointment following haemorrhoidectomy: an open-label, single-dose, phase IV clinical study. *Clin Drug Invest*. 2009;29(4):243–56.
- Grigoriev A, Nikitina A, Yaroshenko I, Sidorova A. Development of a HPLC-MS/MS method for the simultaneous determination of nifedipine and lidocaine in human plasma. *J Pharm Biomed Anal*. 2016;30(131):13–22.
- Perrotti P, Bove A, Antropoli C, Molino D, Antropoli M, Balzano A, et al. Topical nifedipine with lidocaine ointment vs. active control for treatment of chronic anal fissure: results of a prospective, randomized, double-blind study. *Dis Colon Rectum*. 2002;45:1468–75.
- Bhusal P, Sharma M, Harrison J, Procter G, Andrews G, Jones DS, et al. Svirskis D. Development, validation and application of a stability indicating HPLC method to quantify lidocaine from polyethylene-co-vinyl acetate (EVA) matrices and biological fluids. *J Chromatograph Sci*. 2017;55(8):832–40.
- Furberg CD, Bruce M, Psaty JV. Nifedipine: dose-related increase in mortality in patients with coronary heart disease. *Circ*. 1995;92(5):1326–31.
- Kumar B, Rajan T. Analytical method development and validation of Lidocaine in ointment formulation by UV spectrophotometric method. *Int J Pharm Pharm Sci*. 2012;4(2):610–4.
- Júnior ER, Bentley MV, Marchetti JM. HPLC assay of lidocaine in in vitro dissolution test of the Poloxamer 407 gels. *Rev de Cienc Farm*. 2002;38(1):107–18.
- Wasan EK, Zhao J, Poteet J, Mohammed MA, Syeda J, Orłowski T, et al. Development of a UV-stabilized topical formulation of nifedipine for the treatment of Raynaud phenomenon and chilblains. *Pharm*. 2019;11(11):594.
- Kowalczyk D, Wawrzycka MB, Maj AH. Application of an HPTLC densitometric method for quantification and identification of nifedipine. *J Liq Chromatogr Relat*. 2006;29(19):2863–73.
- Bhardwaj SK, Dwivedia K, Agarwala DD. A review: HPLC method development and validation. *Int J Snal Bioanal Chem*. 2015;5(4):76–81.
- Vidushi Y, Meenakshi B, Bharkatiya M. A review on HPLC method development and validation. *Pharm Chem Sci*. 2017;2(6):178.
- Grigoriev A, Nikitina A, Yaroshenko I, Sidorova A. Development of a HPLC-MS/MS method for the simultaneous determination of nifedipine and lidocaine in human plasma. *J Pharm Biomed Anal*. 2016;30(131):13–22.
- Meshram DB, Mehta K, Mishra P. Stability indicating analytical method for the simultaneous estimation of lidocaine and nifedipine in the combined dosage form. *Der Pharma Chem*. 2018;10(1):60–6.
- Yadlapalli SS, Katari NK, Surya SB, Karra VK, Kommineni V, Jonnalagadda SB, et al. Simultaneous quantification of lidocaine and prilocaine in human plasma by LC-MS/MS and its application in a human pharmacokinetic study. *Pract Lab Med*. 2019;17:129.
- Guideline IH. Validation of analytical procedures: Methodology. *Int Confe Harmon*. 1996;p. 2–8.
- Validation of analytical procedures: text and methodology. Q2 (R1); 2005. Available from: https://www.ema.europa.eu/en/documents/scientific-guideline/ich-guideline-q2r1-validation-analytical-procedures-text-methodology-step-5-first-version_en.pdf.

Author's biography

Rupali Shinde, Research Scholar

Chandni Chandarana, Research Scholar

Cite this article: Shinde R, Chandarana C. Development and validation of RP-HPLC method for simultaneous estimation of lidocaine and nifedipine in pure and combined dosage form. *Int J Pharm Chem Anal* 2024;11(4):341–345.